

**EXCERSISE FREQUENCY RECOMMENDATION- \$25**  
**EXCERSISE SCHEDULE RECOMMENDATION- \$35**  
**ORTHOPEDIC LIMITATION ANALYSIS- \$50**  
**HEALTH HISTORY REVIEW- \$50**

**MEDICATIONS REVIEW-\$60**  
**NUTRITIONAL EVALUATION- \$75**  
**INBODY SCAN- \$100**  
**NUTRITIONAL RECOMMENDATIONS- \$100**

**RETAIL TOTAL: ~~\$495.00~~**

**HOWEVER, DUE TO THE PREVALENCE OF POOR FITNESS,  
INCREASING BODY FAT, AND HIGH OBESITY RATES IN OUR AREA,  
I DECIDED TO OFFER IT FOR 80% OFF.**

**JUST \$150.00**

**DR. DEREK HEALTH AND FITNESS**